

CARING FOR SELF IN A CARING PROFESSION

New session



Workshop Details

Feature Speaker: Rita DiBiase MSN, RN(EC), AOCNS, CHPCN(C)

Date: Wednesday March 26, 2014

Time: 5:30pm – 7:30pm

Location: Ojibway Nature Centre - 5200 Matchette Rd.



RNAO Members & Students \$5

Non-Members \$10

Funds collected at the door ~ healthy dinner included

RSVP before Thursday March 20 to

windsorressexrnao@gmail.com

[Please indicate if you have any food sensitivities or allergies]

As nurses give of themselves in their work, they may not realize the toll it takes on them. This interactive workshop will provide nurses with knowledge and coping skills to guard against burnout.

Perspectives will be shared allowing participants to reflect on rewards gained and the powerful impact they have on those whose lives they touch.